



COASTHILL NEWS



The Inverloch/Kongwak Primary School Newsletter

Principal :
Brett Smith

We Give Our Best To Be Our Best

Assistant Principal:
Mel McRae

Our Vision: All students to achieve their full potential and to develop into confident, well-rounded citizens.

Ph: 56 741 253

Supervision Times: 8:30 Morning Yard Duty

3:30-3:45pm Afternoon Yard Duty

Ph: 56 574 224

PRINCIPAL'S MESSAGE

Wominjeka

24th March 2023 Edition 8

The Great Fete certainly lived up to its name, expectations and intention of being a fun community event connecting families, students, locals and community groups. If you attended I hope you enjoyed the format and especially the live music on the Great Stage. There are so many memories and people to thank so we have included Great Fete pages in the newsletter. I would especially like to thank the Fete Committee, led and inspired by Mel Carlisle, for providing such an uplifting experience for so many people. We have a post Fete meeting on Monday 27th

Greetings from the Year 6 Leadership Camp.

We have had a great time so far at Lyrebird Park with an action packed day one. Students were involved in a range of teamwork and leadership activities ranging from Human Hungry, Hungry Hippo, 4 way tug of war, problem solving puzzles and much more. Congratulations to the IKPS staff who are ensuring this camp fulfils the leadership brief. A heartier congratulation goes to the students who have been magnificent in rising to the occasion, persisting when a task was challenging and generally being inclusive of others as they enjoy their last year of primary school together.

DIARY DATES

March

31st Senior Athletics

April

4th Superheroes

Multiage day

6th Last day Term 1

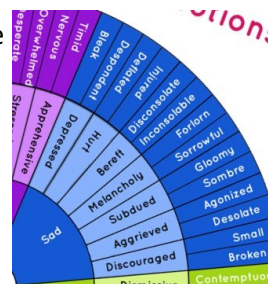
2.30pm finish



ASSISTANT PRINCIPAL'S MESSAGE

School refusal can be such a difficult time to navigate and can be confronting when your child has appeared to be settled at school and suddenly grabs hold and says 'Don't leave, I don't want to go to school!' When looking at the **Emotion Wheel** and using it as a guide it can help to break down how your child might be thinking in the moment, it becomes easier to discuss the apparent upset to how they are really feeling. Rather than sad maybe they are hurt, bleak, deflated, feeling melancholy about the day. With that understanding under your wing you also have a team of people here to support you and your child at school. We (Kate Eldred, Natasha Bird, Kerry Ware and myself) are here to help your child begin their day on a positive note. Whether that may be a quiet start to the day, a quick check-in throughout the day or creating a space that feels safe we can provide that for them. For more information about Emotion Wheels follow this link (<https://humansystems.co/emotionwheels/>)

Mel McRae



Parent Payments Contributions

Parent payment contributions for 2023 is \$230. The policy can be found on the school's website [HERE](#)

COMPASS see Course Confirmation under Events in the app

Direct deposit

Inverloch PS - BSB: 083001
Account Number:
293843940

Kongwak PS - BSB: 083001
Account Number:
264692397

Please state 'Surname' 'Parent Payment' in the description.

"We at Inverloch and Kongwak Primary Schools, acknowledge that we live and learn on the traditional lands of the Boon wurrung and Bunurong people. We pay respect to the Elders past and



HARMONY DAY

Harmony Day 2023

On Tuesday 21st of February it was Harmony Day. This day was the first day that we met in our Multi-Age Groups. These will be our Multi-Age Groups for this year. These groups will work together on Multi-Age days and at various other opportunities throughout the year. The aim is to further support the development of connections between students in our school. These groups will increase the number of connections that they have to others in our school, including a connection with another adult.

Connections matter. Strong ties with family, friends and the community provide us with happiness, security, support and a sense of purpose. Being connected to others is important for our mental and physical wellbeing and can be a protective factor against [anxiety](#) and [depression](#).

<https://www.beyondblue.org.au/who-does-it-affect/older-people/connections-matter>

During the session, students were supported in getting to know each other. Each group worked collaboratively to come up with a group name and logo. They discussed the meaning of 'Harmony' and what it means to celebrate our diversity. There was also a word challenge that was won by the "The Kool Kids" who were able to share some orange juice and fruits; orange being the colour for Harmony Day.

Whilst we encourage all students to look out for each other, we particularly want to encourage students to make a big effort to talk to, connect with, support/say hi to, the members of their Multi-Age Group.



UP, UP AND AWAY ... IT'S MULTIAGE DAY

On Tuesday 4th April , we will be having our Superheroes multiage day-our first for the year. This multiage day complements our current wellbeing curriculum focussing on personal strengths and wellbeing. Students are encouraged to be creative in developing their own character with its own super strength (e.g. hope, fairness, honesty, loyalty, resilience, generosity, persistence self control, humour, brave, courage, tolerance, compassion, creativity etc) or wellbeing strength(nutrition, sleep, active, resilience, fitness etc.) **No need** to buy anything- just use what you have at home (capes, masks, belts) or convert a superhero costume you already have.

For those new to our school community, Multiage days are when we celebrate an event or curriculum area by participating in a range of themed activities in mixed age groups.

SIGNS OF THE WEEK



like



dislike


Restorative Practices

The philosophy of Restorative Practice views relationships and people as the most important aspect of schools and communities. Schools embracing this philosophy prioritise building positive relationships, creating supportive learning environments, and establishing fair, democratic systems across their community. A restorative approach seeks to address the harm caused to people and relationships in the wake of mistake making, and repair that harm with those most affected.


Last Tuesday was a fantastic day of learning for all of our staff and Inverloch and Kongwak Primary Schools. We were very lucky to have the wonderful Kristy Elliott from Restorative Pathways lead us through an engaging day of training. Throughout the day we learnt about:

- What it means to have a restorative mindset
- Neuro-scientific and psychological foundations of restorative approaches
- Using restorative language, dialogue, & processes to repair harm in a range of settings This philosophy fits well with our commitment to School Wide Positive Behaviour Support. It gave us our reason 'Why!' With a strong evidence-based backing. We know that in order for students to learn best we must do 'WITH.' We need to continue creating an environment:
 - Where behavioural expectations are clear
 - Where students are taught what they need to do to create a positive environment and how to demonstrate these positive behaviours
 - Where we support students with further learning when mistakes are made
 - And we help them to learn how to repair the harm done to relationships when mistakes are made.

Kate Eldred



Kongwak P.S Book Stall Coloring Competition



"Winner"
*Violet
*Prudence
*Fletcher

"Runner up"
*April
* Jordan
*Holly



*Special Thanks to Our Sponsor
Scents By Sharon*



Memories





Thank You



Student Action Team
for packing Judy's
Mystery bags

All the donors of
marquees, haybales,
umbrellas etc for a
festival feel.



Volunteers at the
stalls

All the volunteers in
the shark tank
(dunking machine)



All the families of the
committee members
for being
understanding and
supportive.



The crafty parents
who made goods
and sold them at the
Craft Stall

Helpers who took
down the marquees.

All donors of books
and clothes



All the prize
donations



All the community
groups who ran stalls
or information booths

Helpers who returned
all the tables to
classrooms.



Anyone who joined
in the flash mob.



All the students who
performed "I am
Australian" on stage



All the bump in and
bump out helpers

All the helpers who
unpacked and
organised the clothes
and books for selling.



All the stallholders



And everyone else or
helped in one way or
another



All the volunteers in
the shark tank
(dunking machine)





Thankyou

The Great Fete was a great success on Saturday. My favourite part was watching how happy everyone was, especially all the kids. The drive behind putting together this event was to create a fun day for the kids who have missed out on so much over the past few years. Highlights included the entertainment on the stage, Judy's mystery bags and the Dino Dig.

The committee putting together this amazing event was made up of less than 10 people - I am so proud of what we achieved!

We are meeting at 7pm on Monday 27th March in the staff room. We invite everybody to join us, to give any feedback or to join the team for next years fete. The more people who help, the easier it is and the better the fete will be! If you can't make the meeting but what to offer some feedback or be involved then please email ikpsfete@gmail.com

I would like say a big thank you to everyone on committee, everyone who helped in the lead up and on the day and all the community groups who came together to be a part of our fete.

Mel Carlisle - IKPS Fete Coordinator



Donors list	
Mitre 10 Inverloch	Wheelbarrow, various items
Greener Life	\$500 voucher
Fiona Kennedy	Fine Art print
Evans Petroleum	\$200 voucher
Bass Coast Shire Council	\$1000 grant
Leongatha Kitchens & Bathrooms	Signs
South Gippsland Shire	Chairs, umbrellas, marques
South Gippsland Water	Water Trailer
Wonthaggi Garden Supplies	Signs
Wonthaggi Removals	Signs
Bearded Baker	Takings for the day
TNT Explosive Prints	Signs
Aspire Flowers	flags/decorations
Sentinel Times	Advertising
Blue Salt	Pearl Necklace
Inverloch 3996	Signs
South Coast FM	Promotion/advertising
Invy Baker	Cinnamon buns (money from sales)



Artist of the Week



Our Artist of the Week is Poppy Richardson in Grade 5 at Kongwak with her surrealist transformation oil pastel drawing. Poppy enjoyed transforming a cake slicer and tongs into this expressive eye image.



Dear Parents/Guardians and Students,

The Dudley campus of Bass Coast College would like to invite you to attend an information evening for prospective 2024 year 7 students.

The evening will provide community members with an introduction to the Dudley campus. This time will also provide a space for potential students/parents/guardians to ask questions about Bass Coast College programs and meet the Dudley campus principal team members.

This information evening will take place on Tuesday the 4th of April at the Dudley campus commencing at 6.30pm and concluding at 7.30pm. Attending community members can park on the school grounds and be directed to our Flexible Learning Centre (FLC) via the Dudley campus front office upon arrival. Community members seeking more information are welcome to contact the Dudley office on (03) 5672 0900.

Kind regards,

Phillip De Salvo Acting Dudley Campus Principal

FOR SALE

We have some new custom made book stands available for sale.

They measure 945x300x600 and are \$75 each. Pickup at Kongwak Primary School.

Contact Kate Davis (tel 0432 521 945) for enquiries.



COMMUNITY NEWS

The following Community News articles promote community connections and communications. They are not considered school activities



ANZAC APPEAL items available next week in the foyer

Badges \$1 and \$2

Wrist bands \$3

Key rings \$4

Pens \$5

Please bring cash to buy these

COMMUNITY NEWS

The following Community News articles promote community connections and communications. They are not considered school activities



INVERLOCH HISTORICAL SOCIETY

World renown Palaeontologists (dinosaur experts) are speaking at the Hall at the Hub in Inverloch on Monday the 17th of April at 2.30 PM. Come and hear Professor Patricia Vickers-Rich AO and Dr. Tom Rich speak on their subject: "Palaeontology at Inverloch"

This is an amazing opportunity for to hear them talk about dinosaurs that have been found at Inverloch.



Everyone invited with a \$3.00 donation for adults and children free. A great school holiday event. RSVP to

secretary@inverlochhistory.com
Pres/Sec Lewis Stone 0407 505141

COME & TRY FOOTY 4 FUN





Experience Australia's most loved sport through AFL Victoria's FREE Footy 4 Fun events delivered across Victoria! A footy experience full of fun activities, modified games & memorable moments to take home with you!

Footy 4 Fun 'Come & Try' is an opportunity for kids aged 5-12 years to experience an introduction to the basics of football in through fun activities.

WHERE:

Leongatha Rec Reserve
(Velodrome)

WHEN:

Monday 10th April
12:45pm



REGISTER HERE!

GIPPSLAND FESTIVAL OF RUGBY

**SATURDAY 1 APRIL
11AM - 5PM**

GIPPSLAND REGIONAL INDOOR SPORTS STADIUM
CATTERICK CRES, TRARALGON

**WATCH ON
BIG SCREEN
SUPER RUGBY
PACIFIC**

FIJIAN DRUA VS. MELBOURNE REBELS
WOMEN @ 12.00PM | MEN @ 2.35PM

RUGBY COME AND TRY ACTIVITIES
LOTS OF FUN THINGS TO DO

**WEAR YOUR
RUGBY COLOURS
FLAGS
WELCOME**

FREE EVENT

SCAN TO
LEARN
MORE




COMMUNITY NEWS

The following Community News articles promote community connections and communications. They are not considered school activities

INVERLOCH AUSKICK



Hi Families and Carers 😊

Our 10-week program kicks off on Friday 28 April at 5:30pm at the Inverloch Kongwak Football Netball Club (IKFNC). We encourage you to register your child asap to ensure they receive their awesome AFL packs. Auskick is for boys and girls turning 5 this year and up to 12 years of age. The groups start at kinder and go right through to grade 3 plus. There is an 'all girls' group as well or the girls can participate in any group they choose.

Each week a range of activities take place centred around AFL football to ensure maximal engagement and most of all have fun. Come and Try sessions are currently being negotiated with both primary schools in Inverloch and Kongwak late March.

For anyone who may find the registration payment ((\$91 for the 10 week program, plus a presentation celebration) and/or purchasing uniforms (footy boots etc) difficult please contact me for assistance. This will be kept confidential and is all about giving the kids the opportunity to be involved in local sport.

If there are any questions, please contact me on 0408 281953 and also 'check and like' our Inverloch Auskick Facebook Page as all of our communication is here.

Please register at www.playafl.com.au

Cheers Big K
Coordinator
Inverloch Auskick



Bass Coast Kinship Carer Support Group

Are you caring for a child or children because a family member or friend is unable to? Would you like to meet others who are in a similar situation and will understand what you are going through? Would you like to be with people who will listen to your stories without judgement? **All Kinship Carers are welcome and morning tea will be supplied**

WHEN:
The second Tuesday of each month
at 10am-12pm

WHERE:
Ventnor Recreation Reserve
96-114 Lyall Street
Ventnor

RSVP FOR CATERING:
Anita on 0475 740 927 or
kinshipcaregippsland@berrystreet.org.au
or use the following link to register
<https://forms.office.com/r/GxK2dgVsBu>

2023 MEETING DATES:
10th of January
14th of February
14th of March
11th of April
9th of May
13th of June
11th of July
8th of August
12th of September
10th of October
14th of November
12th of December



Back to School. But with less stress.

Saver Plus. Start saving now. Make next year easier.
A savings coach. Up to \$500 in matched savings.
It's free.

*Eligibility criteria apply

saverplus.org.au

Are you eligible to join Saver Plus & receive \$500 for your back to school costs?

Must meet all eligibility criteria:

- ✓ Have a current Health Care or Pensioner Concession Card **AND** an eligible Centrelink payment*
- ✓ Be studying yourself OR have a child in school (can be starting school next year)
- ✓ Have regular income from work (either yourself or your partner)*
- ✓ Be 18+ years old

*Many types of income and Centrelink payments are eligible

INVERLOCH KONGWAK NetSetGo 2023

IK

Ages: 5-10

Come and Try: Wed 4-5pm 15 March - 4 April

FREE AND NO NEED TO REGISTER

NetSetGo Season: Wed 4-5pm 26 April - 21 June - \$87

Register online <https://netballconnect.worldsportaction.com/login>

<https://www.facebook.com/IKFNC.NetSetGo>

iknetsetgo@gmail.com