



# COASTHILL NEWS



The Inverloch/Kongwak Primary School Newsletter

Principal :  
Ben Soumilas

*We Give Our Best To Be Our Best*

Assistant Principal:  
Mel McRae

**Our Vision: All students to achieve their full potential and to develop into confident, well-rounded citizens.**

**Our Values : Be Respectful, Be Safe, Be an Active Learner.**

Ph: 56 741 253

Supervision Times: 8:30 Morning Yard Duty 3:30-3:45pm Afternoon Yard Duty

Ph: 56 574 224

## PRINCIPAL'S MESSAGE

8th March 2024 Edition 06

### Week 6 Term 1

#### THE GREAT FETE

You can feel the energy building around the fete with only 7 days to go. Our amazing Fete committee and band of supporters are working frantically to ensure everything runs smoothly and I just can't wait to see our community come together.

I hope as many people as possible can come along and enjoy some good food, fun activities and welcoming company.....

Ha! Did you really think I would write about the fete and not ask for volunteers ☐ If you haven't taken a moment to sign up for a volunteer role at the fete, please do so asap so we can finalise our plans and relax....a little.

#### WONDERFUL TO SEE

It was wonderful to see a splash of purple, green and white colour on the students and staff today to celebrate International Women's Day. The IWD 2024 campaign theme is [Inspire Inclusion](#). The message is pretty clear and powerful....When we inspire others to understand and value women's inclusion, we forge a better world. And when women themselves are inspired to be included, there's a sense of belonging, relevance and empowerment.

The [#InspireInclusion](#) campaign aims to forge a more inclusive world for women.

Every year I learn a little bit more about how I can personally make changes to the way I act, speak and conduct myself to be more inclusive. I feel incredibly grateful that I work in an inclusive school and community where we all contribute to improving experiences and opportunities for women. This week I learnt that Purple signifies justice and dignity, and being loyal to the cause. Green symbolises hope. White represents purity, albeit a controversial concept. I also learnt that our students feel IWD is important. You could hear a pin drop at assembly when 'I am Woman' was played and what a sight it was to see the faces of all of our young women watching in awe and being inspired by the message.

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## DIARY DATES

2024

### March

- 11th Labour Day (**No School**)
- 14th Regional Swimming
- 15th Bake Stall Packs due back
- 16th IKPS Great Fete
- 18th-25th NAPLAN Testing Window (Yrs 3 & 5)
- 28th Last Day Term One Finish 2.30pm

### April

- 15th First Day Term 2

*"We at Inverloch and Kongwak Primary Schools, acknowledge that we live and learn on the traditional lands of the Boonwurrung and Bunurong people. We pay respect to the Elders past and present, and emerging."*

## COMING UP

There are always lots of things happening across both of our schools. In week 7 we have regional swimming, in week 8 Kongwak students are off to Farmworld and in week 9...both campuses will have their sights firmly on the Easter holidays.

Across both schools in week 7 we have National Assessment Program Literacy and Numeracy (NAPLAN) for all Grade 3 and 5 students. In every classroom of our school we have children moving between three different modes.

- Practice mode. The majority of time is spent in this mode learning new things, mistakes are necessary and encouraged. The stakes are low in this mode.
- Practising to perform mode. This happens regularly in class when we ask students to work hard, try their best and prepare for upcoming events.
- Performance mode. This is when the stakes are a little higher. Students will and should feel themselves 'stretched' a little out of their comfort zone. This mode is an opportunity to showcase our learning and what we are capable of.

Many of our hobbies, endeavours and areas of passion will require us to work in all three of those modes throughout our lives. In my opinion, NAPLAN is not extremely important, it's also not unimportant, it just sits somewhere in the middle for everyone. NAPLAN is just one of many opportunities our students will have to experience performance mode and demonstrate what they are capable of.

## LONG WEEKEND

Whether you have something amazing planned or you're looking forward to having a quiet break, I hope you all enjoy your long weekend. I want to see every single student, staff member and family return on Tuesday safe and happy.... And ready for the GREAT FETE.

Soum

[Ben.soumilas@education.vic.gov.au](mailto:Ben.soumilas@education.vic.gov.au)

Mobile 0427 118 609

**Bake Stall**

**IKPS GREAT FETE**

**BAKE STALL PACKS ARE BEING SENT HOME THIS WEEK...  
AND WE NEED YOUR HELP!**

**THIS YEAR WE ARE BRINGING THE BAKE  
STALL BACK TO THE FETE!**

**TO MAKE IT A SUCCESS, WE ARE ASKING  
FAMILIES TO BAKE SWEET TREATS FOR THE  
STALL.**

**THIS WEEK YOUR CHILD WILL RECEIVE A  
PAPER BAG CONTAINING A BOX AND LID,  
SEALABLE CLEAR BAG, BLANK LABELS AND  
AN INSTRUCTIONS SHEET.**

**PLEASE RETURN YOUR BAKED GOODS  
TO SCHOOL FRIDAY 15TH MARCH**

*Be Respectful, Be Safe, Be an Active Learner.*

**Thank  
you!**



# THE GREAT FETE

TO OUR AMAZING  
SPONSORS SO FAR...

## PLATINUM SPONSORS

**\$ 1500**

**Merry People**  
**South Gippsland Sentinel Times**  
**Bass Coast Shire Council**  
**Kongwak Butter Factory**

## SILVER SPONSORS

**\$ 500**

**Evans Petroleum**  
**Inverloch Healthcare**  
**Mitre 10 Inverloch**  
**TomFit**  
**Saltwood Furniture**

## BRONZE SPONSORS

**\$ 250**

Inlet Foot Clinic  
Inverloch Glamping  
Invisage Blinds  
Pennicott Wilderness Journeys  
Venus Bay Pharmacy  
Agripro Insurance  
Bake Play Smile  
FCAA Finance & Consulting  
Bunnings  
Inlet Hotel  
Wonthaggi Removals  
Beachside Bargains  
Wonthaggi Garden Supplies  
The Beach House People

Twista Bro's Food Van  
A'Beckett St Medical Centre  
Inverloch Animal Doc  
Leongatha Kitchens & Bathrooms x VerdeLife  
Outdoor Kitchens  
Country To Coast Finance  
Fiona Kennedy  
B.B Hair Artistry  
Envirogain  
The Beach Box  
RJK Electricians



ARE YOU ABLE TO SPONSOR OUR FETE? PLEASE SEND US AN EMAIL!  
[IKPSFETE@GMAIL.COM](mailto:IKPSFETE@GMAIL.COM)

## Wellbeing News



Hi, we are Walker and Emma and we are your school captains for 2024.

It's International Women's Day today. International Women's day is a day where we celebrate all the things that women can do and be. It's also a chance for us to think about how we can make the world more fair and equal.

Did you know that women get paid a lot less than men in sport? The Matildas have done better than the men's soccer team but they still get paid much less than men. That doesn't sound fair to us! We read that 100 years ago, 95% of the Olympic team were men and only 5% were women. But this year, our team will be 50/50, so we are making progress!

Thanks to everyone who dressed up in purple, white and green today as a way of showing your support for women.

To celebrate International Women's Day today, the girls had exclusive use of the oval for the first half of lunch today and then it was mixed for the second half.

*Be Respectful*



### SWPBS Weekly Winners

The following students won the SWPBS raffle at assembly today.

Well done to these students!

Raph C 1M, Nora A 2R, Juliet J 3/4J, Ashton H 3/4T,  
Zara K 5S.



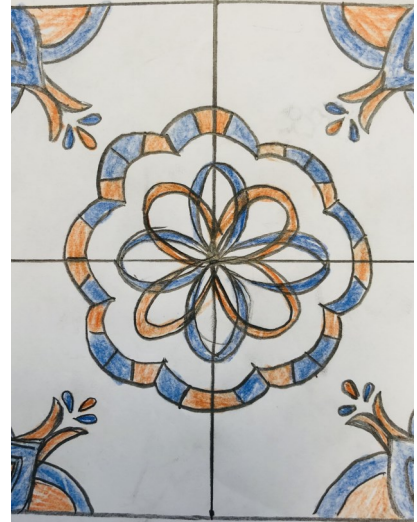
*Be an Active Learner.*

*Be Respectful, Be Safe, Be an Active Learner.*

## ARTIST OF THE WEEK



Our artist of the week is Kayley in grade 6 with her Spanish tile design using line, shape and colour. This design will be part of the grade 6 legacy project. Kayley L has created a design that she will be able to transfer in glazes onto a ceramic tile that she has also created.



The school only accepts **LOOP**  
orders on-line

 SCHOLASTIC

**Book Club LOOP**  
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To order and pay for Scholastic Book Club by credit card visit:

[www.scholastic.com.au/LOOP](http://www.scholastic.com.au/LOOP)



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Scholastic Rewards.



The school redeems Scholastic  
Rewards for additional resources

SCHOLASTIC  **Book Club**

*Be Respectful, Be Safe, Be an Active Learner.*

## News from the Chaplain

Hi everyone!

I came across some sound advice about worrying and thought these statements might be great to share:

\* Worrying won't change the outcome, it only clouds the journey.

\* How something ends up never depends on how much you worry about it.

\* Don't take on the worries of tomorrow as today we have enough to manage.

Did you know many of us can find ourselves worrying and this could lead to anxiety? Recognizing these situations can be a first step in naming and taming this strong emotion. The second step can be to be in charge of this emotion and not let it overwhelm us. Then step three, would be to look after ourselves and identifying what might help.

Of course, we are all different and on any day our emotions go up and down. Children may not be able to talk about how they are feeling but we see changes in their behaviour.



Knowing how to identify our own levels of anxiety can determine the best approach we need to take.

There are different ways to manage the feelings of anxiety for ourselves and we can also teach our children. Perhaps a strategy of controlled focused breathing, making a fist, then squeezing, and releasing, changing your self-talk to, "I've got this" or "It's going to be OK"

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would work in the moment. Other longer-term strategies might include going out for some exercise, talking with a person you trust, having enough sleep, taking small steps to overcoming fears, eating healthy food, and doing something you enjoy that is relaxing.

### **Finger Knitting**

After a series of requests to start up finger knitting, I plan to set this up during recess again in the seating area of the "Spanish Plaza". Children can bring along yarn or can choose from my supply. Any donations of colourful yarn would be appreciated. Children can leave this at the office or bring to the Wellbeing office near the library. It is a lovely way to have fun, develop fine motor skills and enjoy conversations with groups of children across all year level.



I hope that you and your family have opportunities to relax and have fun during the long weekend.

Kind regards

Kerry Ware

Chaplain

Mondays and Tuesdays 8.30am-3.30pm

### **Division Swimming**

Congratulations to all students that competed in the Division Swimming last week!



# COMMUNITY NEWS

The following Community News articles promote community connections and communications. They are not considered school activities



Wednesday  
20th March  
7-9pm

\$5 entry fee

Internal Street  
Inverloch Community Hub

Bookings

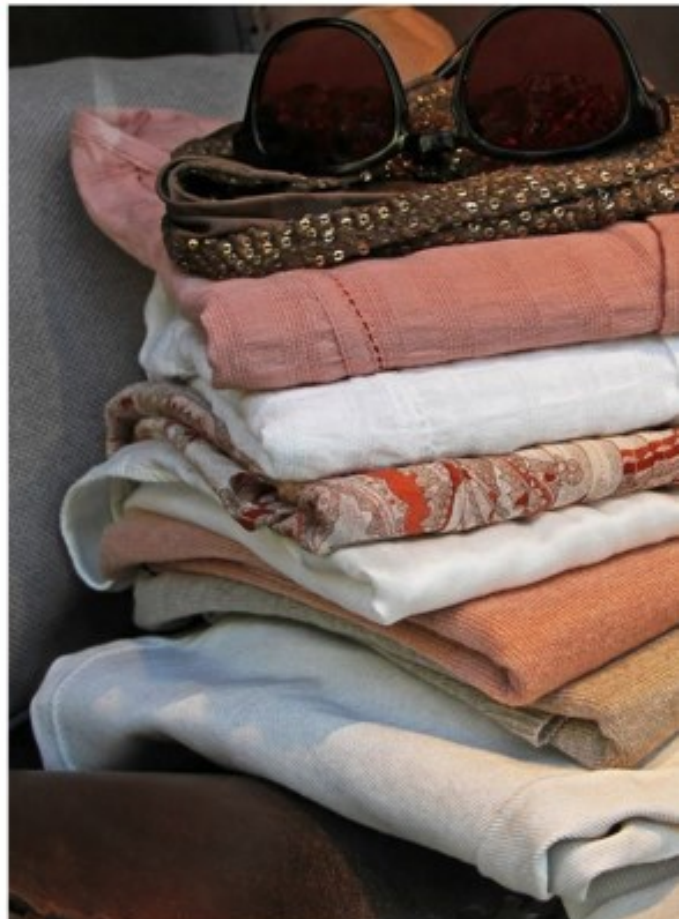


<http://thq.fyi/se/MqEAZpk>

## Autumn Clothes Swap

With the  
**Garment Repair Cafe**  
SPECIAL GUESTS

Proudly brought to you by  
**The House in The Hub**  
Inverloch Community House





# COMMUNITY NEWS

The following Community News articles promote community connections and communications. They are not considered school activities



Hi Families & Carers 😊

Plans are well underway for our Inverloch Auskick 2024 season & we are looking forward to providing a quality program that is full of inclusion, engagement & fun activities centred on AFL Football.

Details:

- 😊 Starts Friday 19 April
- 😊 5:30pm to 6:30pm (little kids) & till 6:45pm older kids
- 😊 Auskick is for boys & girls turning 5 in 2024) and right up to the age of 12.
- 😊 Sessions are at the Inverloch Kongwak Football Netball Club (across from school)
- 😊 It's a 10 Week program
- 😊 There is an All-Girls group available & or the girls can join a mixed group.
- 😊 During the program we have theme nights, parents/carers vs kids matches, our local IK Footballers will join us for a night, a guard of honour celebration & an end of year presentation.
- 😊 There will be an opportunity for the kids to play a 1/2 time game in Melbourne (age 6 up)
- 😊 There will also be an opportunity for the kids to play at 1/2 time at a local Inverloch game

Please register ASAP to ensure your auskicker receives their AFL pack full of a range of AFL goodies.

Register at [playafl.com.au](http://playafl.com.au) (Inverloch Auskick Centre)

Any questions please contact 0408 281953 & or join our Inverloch Auskick Facebook Page.

Let's have an awesome Auskick season 😊


Big K  
Coordinator

# COMMUNITY NEWS

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Have your say on the Neighbourhood Character Study and Housing Strategy

## Neighbourhood Character Study and Housing Strategy



Bass Coast Shire want to hear what you think about the:

- The Bass Coast Housing Strategy
- The Bass Coast Neighbourhood and Character Study
- The Bass Coast Residential Canopy Cover Improvement Strategy

To learn about the proposed housing change area and neighbourhood character area for your property: <https://engage.basscoast.vic.gov.au/neighbourhoodcharacterhousing>

Join us at an upcoming community information session at Inverloch Regional Farmers Market  
8am-1pm Saturday 16<sup>th</sup> March.

