

# COASTHILL NEWS

*the ikps newsletter*



PRINCIPAL - BEN SOUMILAS  
ASSISTANT PRINCIPAL - MEL MCRAE

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## EVERYWHERE, ALL THE TIME

*Active Learners, Safe and Respectful*

### PRINCIPAL'S MESSAGE

It has been wonderful to hear of our school community's adventures over the two-week break. From camping to eating too much chocolate to days at home with family and many more adventures, the students and staff have had a well-needed break and returned to school ready to learn and grow.

Some of our year 5/6 students returned to school for one day and are now on a nine-day adventure to Somers Camp. Thirteen students from both Inverloch and Kongwak are going to have a jam-packed nine days doing activities like archery, boating, bushcraft, drama, challenge swing, rock climbing and building on their personal and social capabilities. We are looking forward to hearing all about their adventures upon their return.

House Athletics was set to be a great day on Thursday, but the Bass Coast weather had other plans. The event has been postponed to Monday, 22nd April.

This week, some of our grade six leaders attended the local cemetery with Jake Mackie and members of the RSL, Rod Gallager and Mark Matheson. They supported the RSL by placing white crosses with red poppies, a symbol of remembrance, on each grave to honour the fallen servicemen and women in preparation for ANZAC Day services.

Kind Regards,

*Mel McKrae*

[mel.mcrae@education.vic.gov.au](mailto:mel.mcrae@education.vic.gov.au)



19th April 2024, Edition 10

### DIARY DATES - APRIL

22/04	Senior House Aths
23/04	IPS 2025 Prep Tours
24/04	KPS 2025 Prep Tours
25/04	ANZAC day No School Today

### Off to Somers Camp!



We at IKPS, acknowledge that we live and learn on the traditional lands of the Boonwurrung and Bunurong Peoples. We pay respect to Elders past, present and emerging.



# Artist of the Week

Our artist of the week is Elsie K in 3/4J with her floral plant pen design and rock art. Elsie has explored a delicate line design in two different media.



## WEEKLY WINNERS

Congratulations to this students who had their SWPBS tickets drawn in todays raffle. It was wondering to see the amount of tickets and so many students being identified as Active Learners, Keeping Others Safe and being Respectful.

Summer C., Zach R., Brodie B, Cody B. and Atticus BM







# The Beach Box Café

Lunch orders are back at Inverloch PS for 2024. Download the Spriggy Schools app and take a day off packing lunch boxes.

Spriggy Schools

## Introducing Spriggy Schools for online ordering

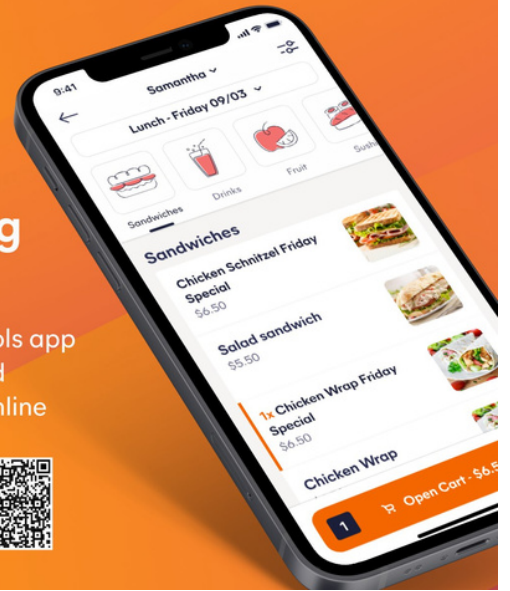
### How to get started

1. Download the Spriggy Schools app
2. Create a profile for your child
3. Conveniently place orders online

Download the app now!



Check the T&C's and TMD for further information



## WELLBEING NEWS

SCHOOLWIDE POSITIVE BEHAVIOUR- WHAT IS ACTIVE LEARNING?



**INVERLOCH AND KONGWAK PRIMARY SCHOOL**



### EXPECTED BEHAVIOURS

<b>Be Respectful</b>	<ul style="list-style-type: none"> <li>• We wait for our turn to talk</li> <li>• We follow instructions</li> <li>• We think of others and treat them how they want to be treated</li> <li>• We include others</li> <li>• We seek help when needed</li> <li>• We care for equipment and return it to the area it belongs to when finished</li> </ul>
<b>Be Safe</b>	<ul style="list-style-type: none"> <li>• We are upstanders</li> <li>• We keep our bodies and other people's bodies safe</li> <li>• We help others</li> <li>• Seek help when we see something or someone being unsafe</li> <li>• We give people who are dysregulated some space</li> </ul>
<b>Be an Active Learner</b>	<ul style="list-style-type: none"> <li>• We learn with a growth mindset</li> <li>• We give our best effort</li> <li>• We let others learn</li> <li>• We listen and think</li> <li>• We encourage others</li> </ul>

At IKPS, we have 3 expected behaviours:

- Be respectful
- Be safe
- Be an active learner

This term, we will be focussing on active learning. We have started off this week by learning about the importance of having a growth mindset.

Having a growth mindset means that you take on challenges and accept your mistakes. It means that you can learn from your mistakes instead of seeing them as failures. For example, if you couldn't figure out a maths problem instead of thinking "I can't do this" you would think "I can do this if I practise more"

When we have a growth mindset, we are motivated to try, we do not expect to master something the first time we do it and we give ourselves permission to make the mistakes that are necessary for learning.

**A message for families of current and past Year 5/6 students,**  
Winter sport is starting soon, and we are missing some soccer and AFL tops. If you have any from a previous year, we would appreciate their return. Thanks in advance,





# Community News



Creating an autism  
inclusive Australia.

## Autism and Health Workshop

Inverloch, Victoria

### About the workshop

Hosted by autism organisation, Amaze, this workshop will be an interactive in-person event unpacking and discussing topics related to Autistic health. Community members are invited to attend this small group workshop (approx. 20-25 people) to gain a better understanding about Autism, health and wellbeing.

Date: Friday 10 May 2024

Time: 11:00am – 1:30pm AEDT

Location: Meeting room, Inverloch Community Hub, 16 Abeckett Street, Inverloch VIC 3996

For more information or to register, visit: <https://www.amaze.org.au/news-and-events/autism-and-health-workshops/>



GIRL GUIDES  
AUSTRALIA  
VICTORIA

Wonthaggi District Girl Guides

Girls aged 6 years and over are invited to join Wonthaggi District Girl Guides.

Contact: [cheryl.bertrand@guidesvic.org.au](mailto:cheryl.bertrand@guidesvic.org.au) or phone 0408 391 035

Wonthaggi Girl Guides meet during school terms at

the Wonthaggi Scout Hall,  
cnr. Wentworth road and Parkes street Tuesdays  
from 4.30pm to 6pm.

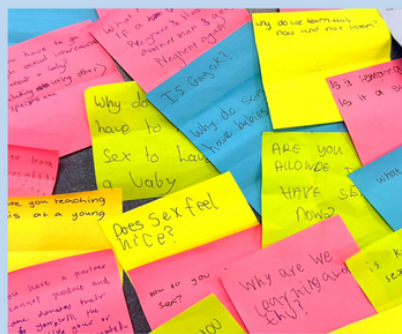
Girl Guides are an international volunteer organization for girls and women with 11 million members from 145 countries.

There is a 7 point program  
: leadership – the outdoors – teamwork – promise & law – international guiding – community service – guiding traditions.

Cheryl Bertrand –District leader, Wonthaggi Girl Guides

## Healthy Relationships 101

How old are the young people asking these questions?



The Answer: children as young as 12 and 13!

## Workshop for Parents/Carers

Big Kids Table invites you to learn more about parenting in the area of Sex, Relationships and God.

Date: 26th April 2024

Venue: St Georges Anglican Church Wonthaggi (McBride and Hagelthorn Sts)

Time: 7pm – 9pm

Cost: \$30 per family, 18 years + (fee relief available on request)

Registration (closes on 25/4/24) and further information via QR code or <https://www.basscoastanglican.org.au/event-children-and-the-questions-about-sex-relationships-god-workshop-for-parents>



# Community News

**AFL PLAY**

**come find your awesome**

**nab AFL Auskick** [play.afl/auskick](https://play.afl/auskick)

Scan the QR code to donate.

**- You're invited -**  
**Australia's**  
**Biggest Morning Tea**  
**- 2024 -**

**DEERYCONSULTING**  
STRUCTURAL & CIVIL ENGINEERS

**Cancer Council**

**Come and enjoy morning tea with us and our special guest Drew Ginn OAM**

There will be raffles, silent auctions & lucky door prizes.

Enjoy some delicious food and drinks whilst raising funds and awareness for the Cancer Council.

**When: Thursday May 23rd, 2024**  
**Where: 1/54 Dixon Street, Inverloch**  
**Time: 10 am - 12 noon**  
**Entry: \$20 donation per person**

RSVP: 03 9134 6863 or robyn@deeryconsulting.com  
Numbers are limited so get in early to secure your spot.